THE PORTERBROOK CARE HOME

INTRODUCTION

Message From Our Manager - Embracing Autumn

As we embrace the autumn season and the darker evenings begin to draw in, I would like to take a moment to thank everyone who helps make The Porterbrook such a warm, welcoming, and special place to call home.

The past few months have been filled with wonderful activities, community outings, celebrations, and opportunities for residents to spend time together creating happy memories. From visits out in the local community to enjoying animal experiences, awareness days, and special events within the home, there has been plenty to keep us busy.

A heartfelt thank you goes to our residents, whose kindness, humour, and enthusiasm bring so much joy to daily life. Thank you also to our families and friends for your continued support, visits, and involvement in our community. Your presence means a great deal to both residents and staff.

I would also like to recognise our amazing team for their ongoing dedication, compassion, and commitment to providing high-quality care and support every day.

As we look ahead, we are excited to enjoy all that autumn has to offer. We look forward to cosy afternoons, seasonal activities, warm drinks with friends, Halloween celebrations, and making the most of the festive season as it approaches.

The Porterbrook is much more than a care home; it is a community built on friendship, support, and shared experiences. Thank you for being part of that community and helping to make it such a wonderful place to live and work.

I hope you enjoy reading this edition of our newsletter and looking back on some of the highlights from recent months.

Wishing you all a happy, healthy, and enjoyable autumn.

Also, if you know someone who would like to receive our email newsletters/updates, just let us know, or forward them the newsletter sign up link below:

Newsletter Sign-Up

Best wishes,

Lynne Cannell
Home Manager

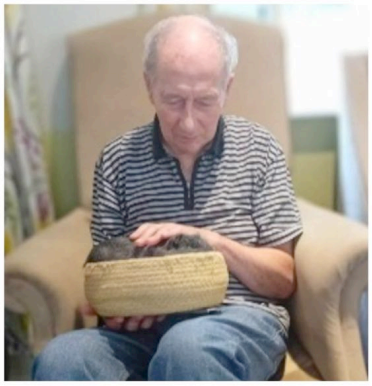
ACTIVITIES & EVENTS

Special Animal Visitors

Residents have thoroughly enjoyed meeting some very special animal visitors at The Porterbrook. Over recent weeks, we have welcomed a variety of animals into the home, including owls, chinchillas, parrots, and other fascinating creatures.

These visits have provided plenty of opportunities for residents to interact with the animals, learn interesting facts, and share memories of pets and wildlife they have enjoyed throughout their lives.

The animal sessions are always very popular, bringing lots of smiles, laughter, and conversation. Residents particularly enjoyed getting up close to the animals and experiencing something a little different from their usual daily activities.



Days Worth Celebrating

Celebrating national and international awareness days is always a favourite at The Porterbrook, giving residents the opportunity to come together, learn something new, and enjoy a variety of themed activities.

On 1st October, International Coffee Day, residents enjoyed sampling different coffees, sharing stories, and spending time together over a warm drink. It was a lovely way to start the month and sparked many conversations and memories.

For World Mental Health Day on 10th October, we focused on wellbeing, friendship, and staying connected. Residents enjoyed spending quality time together through activities that promoted positivity and emotional wellbeing.

National Pasta Day on 17th October was a delicious celebration. Residents enjoyed learning about different pasta varieties and, of course, sampling some tasty pasta dishes prepared by our catering team.

We always enjoy marking special awareness days at The Porterbrook, and they provide wonderful opportunities for fun, friendship, and creating happy memories together.

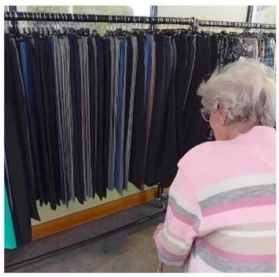
We look forward to celebrating many more throughout the year!

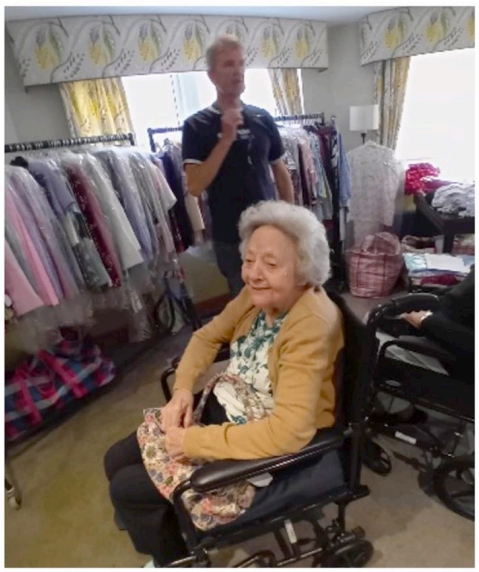
Activities, Laughter and Friendship

Being part of The Porterbrook certainly doesn't mean slowing down. Our Activities Team is always looking for new and exciting ways to keep residents active, engaged, and enjoying life to the fullest.

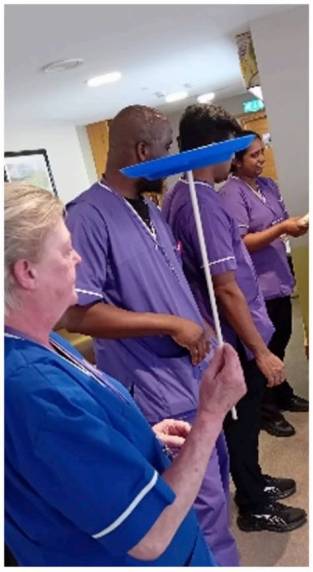
One activity that continues to be a firm favourite is our regular Cricketcube sessions. Residents thoroughly enjoy taking part, whether they are rekindling a lifelong love of cricket or trying something new. The sessions are inclusive, interactive, and always bring plenty of smiles, laughter, and friendly competition.

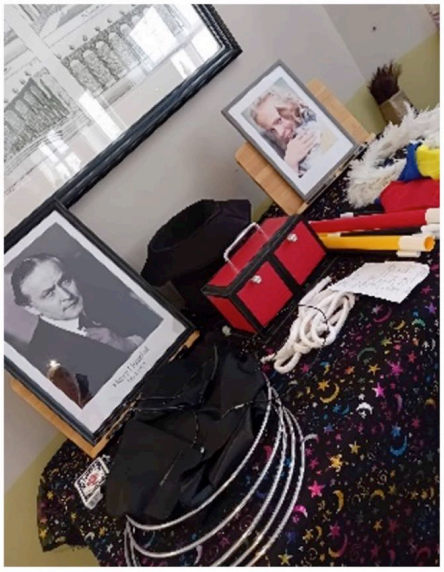
We recently welcomed a clothing sale into the home, giving residents the opportunity to browse a range of new clothing and accessories. Residents enjoyed choosing and purchasing items for themselves, helping to maintain independence and personal choice while enjoying a real shopping experience without leaving the home.





Another highlight was a visit from a magician, which proved extremely popular with residents. Everyone was amazed by the variety of tricks and illusions on display, with plenty of laughter, surprise, and wonder throughout the performance. Residents loved trying to work out how the tricks were done, and the fun didn't stop there as some of our staff were invited to take part in the show too. Seeing staff become part of the magic created lots of laughs and made the afternoon even more memorable for everyone involved.





We were also incredibly proud to celebrate the success of our Home Manager, Lynne, who brought her recent awards and trophies into the home to share with residents and staff. Residents enjoyed seeing the achievements up close and learning more about the recognition received. It was a wonderful opportunity to celebrate success together and recognise the hard work, dedication, and commitment that goes into making The Porterbrook such a special place to live and work.

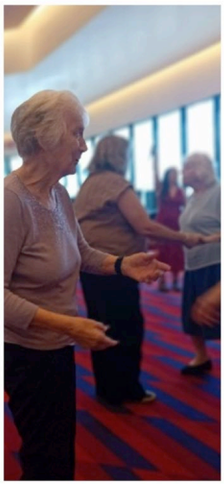
At The Porterbrook, we are always looking for ways to offer meaningful and enjoyable experiences, and it has been wonderful to see residents continuing to try new things, pursue their interests, and make lasting memories together.

Out and About in the Community

Getting out and about remains an important part of life at The Porterbrook, and residents have enjoyed a variety of trips that help them stay connected with the local community while creating lasting memories together.

A recent highlight has been our visits to the Crucible Theatre, which continue to be a firm favourite with residents. Whether enjoying a performance or simply taking in the atmosphere, these outings provide a wonderful opportunity to experience one of Sheffield's most iconic venues and enjoy a change of scenery.

Residents have also enjoyed spending time at local cafés and coffee shops, catching up with friends over a hot drink and a slice of cake.



HOME NEWS

Having a Voice

We are delighted that Donald has volunteered to become The Porterbrook's first Resident Ambassador.

Donald will help represent the views and ideas of fellow residents by attending meetings, sharing feedback, and working closely with the management team to ensure residents' voices are heard.

The role will give residents a stronger say in decisions within the home and help us continue to improve the experience of everyone living at The Porterbrook.

We would like to thank Donald for taking on this important role and look forward to working together to make The Porterbrook the best it can be for all residents.

Refurbishment

Our programme of corridor redecoration and refurbishment continues, with work now progressing throughout the ground floor of the home.

These improvements are helping to create brighter, fresher, and more welcoming spaces for residents, families, and visitors to enjoy. The updated décor is designed to enhance the home's warm and homely atmosphere while ensuring a comfortable environment for everyone.

STAFF NEWS

Celebrating Our Team

At The Porterbrook, we know that caring for others is both rewarding and challenging. Our team work tirelessly every day to provide compassionate care, support, and companionship to our residents, and we are incredibly grateful for everything they do.

Over the past few months, we have been delighted to recognise several members of our team through our Employee of the Month awards. The staff members have been nominated by relatives, friends and colleagues for their dedication, hard work, positive attitude, and commitment to making a difference in the lives of our residents.

Whether providing outstanding care, supporting their colleagues, going the extra mile for residents, or simply bringing a smile to someone's day, each recipient has demonstrated the values that make The Porterbrook such a special place.

We would like to extend a heartfelt thank you to all of our staff for their continued commitment and professionalism. Your kindness, compassion, and hard work do not go unnoticed, and we are proud to have such a dedicated team supporting our residents every day.

Congratulations to all of our recent Employees of the Month and thank you to every member of the Porterbrook team for the amazing work you do.

COMING UP

Upcoming Dates for the Diary

We have plenty of exciting events and celebrations coming up over the next few months, giving residents, families, and staff lots to look forward to.

🎃 **National Pumpkin Day - 26th October**
We will be getting creative with pumpkin-themed activities and decorations, bringing plenty of autumn colour and seasonal fun to the home.

👻 **Halloween Fancy Dress Day - 29th October**
Staff will be dressing up for Halloween, and we are looking forward to seeing some spooky, funny, and creative costumes. Residents will also be enjoying Halloween-themed activities and treats throughout the day.

🔥 **Bonfire Night - 5th November**
Residents will be celebrating Bonfire Night with themed activities, treats, and plenty of conversation about favourite memories of bonfires and fireworks from years gone by.

🛏️ **Pyjama Day - 10th November**
Our team will be swapping their uniforms for pyjamas for a fun-filled day within the home. Residents are looking forward to joining in the relaxed atmosphere and enjoying the laughter the day is sure to bring.

🥣 **Grandma's Soup Kitchen - 2nd December**
We are delighted to be welcoming Grandma's Soup Kitchen to The Porterbrook. Residents are looking forward to enjoying delicious homemade soup and spending time together as we begin to embrace the festive season.

There is always something happening at The Porterbrook, and we look forward to sharing these special occasions with our residents, families, and friends.

Relatives Meeting

All relatives are warmly invited to attend our upcoming Relatives Meeting, date to be confirmed.

This is a great opportunity to share your views, discuss ideas, provide feedback, and hear about what's happening around the home. We welcome all suggestions and encourage everyone to have their say, helping us make The Porterbrook the best it can be for everyone who lives here.

EXTERNAL LINKS

Social Media

Make sure to check out **The Porterbrook Care Home Facebook Page** for all our latest photos!

Don't Forget To '**Like' Us**!

Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

Carehome.co.uk & **Google Reviews**

EXCEPTIONAL CARE IN THE HEART OF SHEFFIELD

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