THE PORTERBROOK CARE HOME

INTRODUCTION

Message From Our Manager

As we move through the summer months, I wanted to take a moment to thank everyone who makes our home such a special place to be.

The past three months have been packed with activities, outings, entertainment and celebrations here at The Porterbrook. We firmly believe that life in a care home should be full of joy, opportunities and new experiences, and that has certainly been the case throughout May, June and July.

I would like to extend a heartfelt thank you to our residents for the warmth, humour and spirit you bring every day. To our families and friends, thank you for your continued support, visits and involvement in life at the home. It really does make a difference. To our fantastic team, thank you for your dedication, compassion and hard work in providing the very best care and support.

As we head further into the summer, we are looking forward to making the most of the warmer weather and enjoying more time outdoors whenever we can. We have lots of exciting activities and events planned, and we hope there will be something for everyone to enjoy.

Our home is more than just a place to live or work. It is a community, and it is the people within it who make it so special. Thank you for being part of that community and for helping to create such a welcoming and caring environment.

I hope you enjoy reading this edition of our newsletter and seeing some of the highlights from the past few months.

Wishing you all a happy, healthy and enjoyable summer.

Also, if you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

Newsletter Sign-Up

Best wishes,

Lynne Cannell
Home Manager

ACTIVITIES & EVENTS

Enjoying the Arts in Sheffield

We are incredibly fortunate in Sheffield to have a wonderful selection of theatres on our doorstep, offering not only fantastic performances but also opportunities for social events and dancing.

One of the highlights of the quarter was attending the Crucible Tea Dance, where residents enjoyed an afternoon of live music, singing, dancing and, of course, a delicious fresh cream tea. It was a wonderful occasion and proved very popular with everyone who attended.

We also enjoyed a visit to the Merlin Theatre to watch a fantastic performance of Aladdin. The lively production had everyone laughing, singing along and reminiscing about trips to the theatre over the years.

Celebrating the Days You Didn’t Know Existed

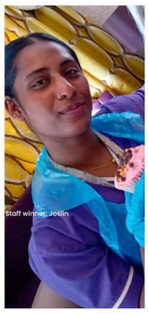
Celebrating national and international awareness days is always a favourite activity at The Porterbrook, and we are constantly amazed by the variety of topics they cover.

On International Tea Day, residents sampled different varieties and flavours of tea from around the world, discovering some new favourites along the way.

National Bake Day brought out our competitive sides as residents and staff went head-to-head to decorate the best cupcake. The competition was taken very seriously by everyone involved. Our Head Chef judged the entries blind and, after much deliberation, two clear winners emerged. Most importantly, everyone had great fun and enjoyed eating the results afterwards.

We are always looking for reasons to celebrate, so International Picnic Day was a must. With live entertainment in the courtyard, residents, staff, friends and family came together to enjoy a wonderful afternoon picnic filled with laughter, music and good company.

One of the more unusual celebrations was Don’t Step on a Bee Day. None of us had heard of it until our Activities Team educated us! Residents enjoyed decorating colourful bees, which were then hidden around the home. Keep your eyes peeled on your next visit, as there are still a few bees waiting to be discovered.

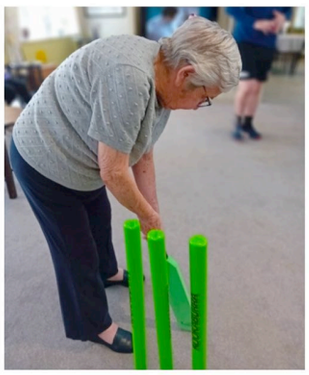


Keeping Active and Trying New Things

Living in a care home certainly does not mean slowing down, and our energetic Activities Team is always looking for ways to keep everyone active and engaged.

Our regular visits from the Golf Society continue to be a firm favourite. Residents, and occasionally staff, compete against one another, with plenty of friendly rivalry on display. These sessions always bring out everyone's competitive spirit and provide lots of laughs along the way.

We have also recently introduced a new activity with Cricketcube, giving residents the opportunity to enjoy cricket in an accessible and inclusive format. It has been wonderful to see old hobbies rekindled and new skills discovered. We look forward to many more sessions in the months ahead.

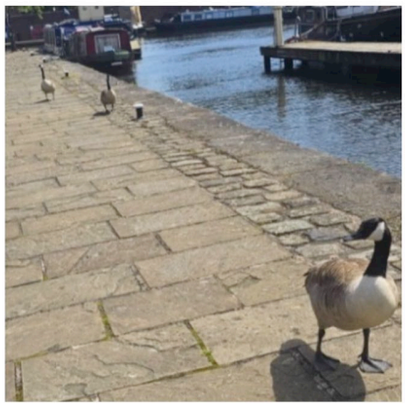


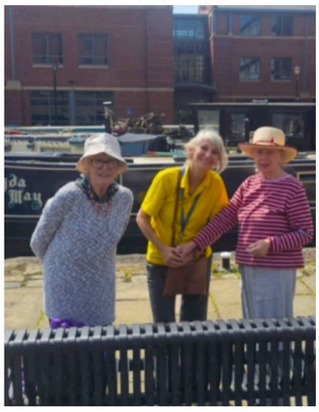
Out and About in the Community

At The Porterbrook, we are passionate about staying connected with our local community.

Our Crosspool Cruises and Crosspool Crawlers outings have taken residents to a variety of locations, including Victoria Quay, local garden centres and scenic routes through the beautiful Derbyshire countryside. These trips provide wonderful opportunities to enjoy the fresh air, explore local attractions and spend time together outside the home.

Closer to home, we entered the Crosspool Scarecrow Competition with our very own creation, Bend It Like Beckham. Although we did not take home the winning prize, it was heartwarming to see local schoolchildren stopping for selfies with our scarecrow, making him something of a local celebrity.





The Power of Music

Music remains an important part of life at The Porterbrook. It provides enjoyment, encourages social interaction and often sparks treasured memories from years gone by.

Over recent months, we have welcomed both new and returning entertainers into the home. Glee Bah Gum and the Vintage Choir have been fantastic additions to our programme, bringing something a little different alongside our regular performers.

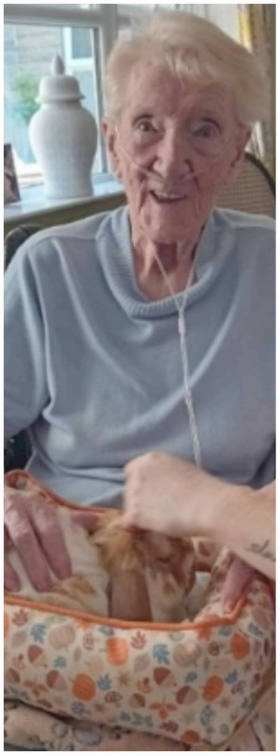
We have also continued our popular Sunday Morning Hymn Singing sessions in the cinema, led by our Activities Team. These gatherings are always well attended and enjoyed by many residents.

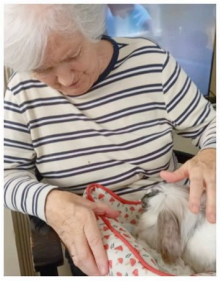
Pet Visits

We recently enjoyed a wonderful visit from Four Paws Animal Assisted Therapy, who brought along three beautiful rabbits named Pumpkin, Coco and Humbug.

Residents thoroughly enjoyed spending time with them, with plenty of gentle strokes, cuddles and smiles all around. One of the rabbits was so relaxed that it even fell asleep on a resident's lap while being gently stroked, which was a lovely moment to witness.

The visit also sparked many happy conversations, as residents reminisced about rabbits they had owned when they were younger. It was heartwarming to hear their stories and see so many cherished memories come flooding back.

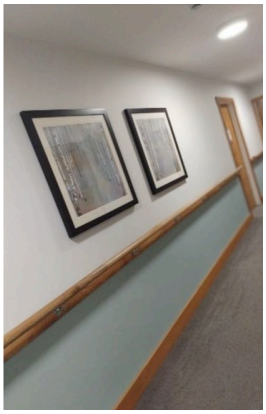




HOME NEWS

Refurbishment

We are currently refreshing and redecorating the corridors throughout the home to create a brighter, fresher and more welcoming environment for our residents, families and visitors.



The new décor will help make the home feel even more comfortable and homely. We are excited to see the transformation and thank everyone for their patience while the work is being completed.

These improvements reflect our ongoing commitment to providing a warm, friendly and enjoyable place to live.

STAFF NEWS

THE PORTERBROOK CARE HOME

Meet The Team - Stephen

Welcoming Stephen to the Team

We are pleased to welcome Stephen Karieren to The Porterbrook as a Senior Carer.

Stephen has a strong background in community and home care and has developed a deep understanding of the importance of compassion, patience and dignity when supporting older and vulnerable people. His experience has strengthened his ability to provide personalised care, promote independence and build meaningful relationships with residents.

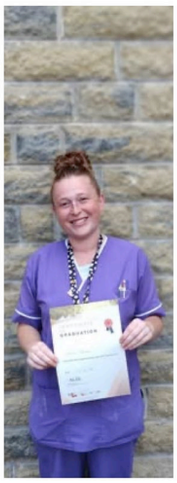
Stephen is proud to be part of The Porterbrook team, and we look forward to seeing him settle into his new role.

Investing in Our Staff

At The Porterbrook, we are committed to supporting our colleagues to develop their skills, progress in their careers and achieve their professional goals. We know that investing in our team helps us continue to provide the highest standard of care for our residents.

Over the past few months, we have been delighted to celebrate the achievements of four members of our care team. Three colleagues have successfully completed their Level 3 Apprenticeship in Health and Social Care, while another has achieved their Level 2 qualification.

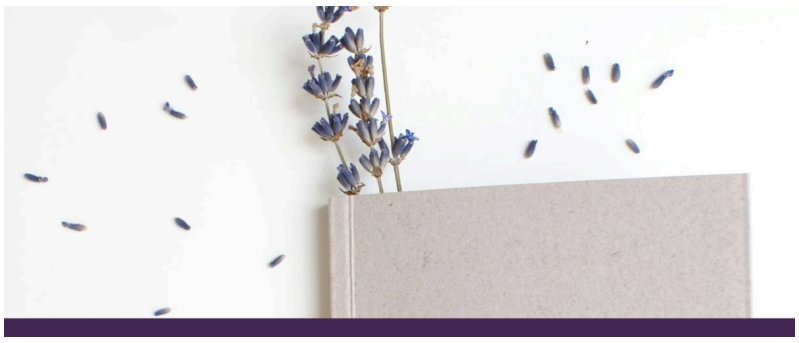
Completing an apprenticeship alongside the demands of a busy role takes dedication, commitment and hard work. These achievements are a real testament to the determination shown by each individual. We are incredibly proud of what they have accomplished and of the knowledge and skills they have gained along the way.



We also have several more team members currently working towards their qualifications, and it is wonderful to see their confidence, experience and expertise continue to grow. We look forward to celebrating their successes in the future.

Congratulations to everyone who has recently completed their apprenticeship, and the very best of luck to those continuing their studies. Your hard work and commitment do not go unnoticed, and we are all incredibly proud of you.

COMING UP



Upcoming Dates for the Diary

Sophia the Singing Harpist

- 31st July

Sophia the Singing Harpist will be visiting us for an afternoon of beautiful music and entertainment. Residents are looking forward to enjoying her wonderful harp playing and singing.

Crucible Theatre Tea Dance

- 28th July and 22nd September

Residents will be attending the popular Tea Dance at the Crucible Theatre on 28th July, with another enjoyable visit planned for 22nd September.

Crosspool Crawlers and Cruises

Throughout August and September, residents will be enjoying a variety of outings with the Crosspool Crawlers, including visits to Chatsworth House, Damflask Reservoir and other local attractions.

We will also be taking part in scenic cruises, providing opportunities to socialise, explore new places and enjoy the beautiful surroundings of South Yorkshire and beyond.

EXTERNAL LINKS

Social Media

Make sure to check out **The Porterbrook Care Home Facebook Page** for all our latest photos!

Don't Forget To '**Like' Us**!

Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

Carehome.co.uk & **Google Reviews**

EXCEPTIONAL CARE IN THE HEART OF SHEFFIELD

Created by ChitChat Marketing Limited

View email in browser

You are receiving this email as it is the quickest and most efficient way we can keep you updated with our news and communications as a contact of our home. We hope you find our newsletters interesting and informative. We use ChitChat Marketing as our marketing partner (https://www.chitchatmarketing.co.uk/chitchat-gdpr-data-processing-agreement) and Mailchimp as our marketing platform (https://mailchimp.com/legal) and as such your information is transferred to them for processing. All information is treated professionally and with respect. You can of course unsubscribe at any time by clicking the 'unsubscribe from this list' link at the bottom of each email.

update your preferences or unsubscribe

INTUIT mailchimp