



INTRODUCTION

Message From Our Manager

As the seasons change and the weather takes a turn, we embrace the cosy nights ahead. With the festive build-up towards Halloween, Bonfire Night, and then Christmas, there is much to look forward to. Let's make this season one to remember!

Also, if you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

Newsletter Sign-Up

Best wishes,

Lynne Cannell Home Manager



ACTIVITIES, NEWS & EVENTS

80's Coffee Morning

In July we welcomed Karina into our activities team. Karina is already well known to us as she has been working in the home as a care assistant. She will now split her time between care and activities and with her creative skills and abundance of energy she really has hit the ground running. She started the role as we moved into celebrating the 80's and wow what a day that was. We had a coffee morning in the bar where we discussed all things 80's then sang and danced the afternoon away with the fantastic Rachel Lauren.





90's Blind Date

When we moved into the 90's we struggled to find an entertainer so we made our own Porterbrook version of the classic TV show Blind Date. It was a great way for the residents to get to know the staff better with the prize being a meal for 2 (resident and staff). Our lovely winner enjoyed a special meal with Berlin and they had a great afternoon.



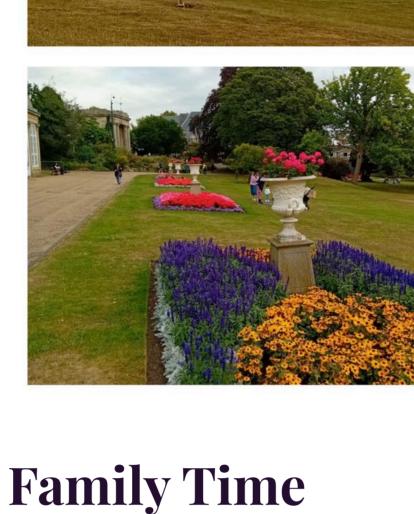


In our last newsletter we announced the launch of our Crosspool Crawlers and

Crosspool Cruisers. They have continued to venture out every Friday visiting, parks, museums, coffee shops and scenic drives. It's been great to see everyone getting out and about and enjoying the outdoors.









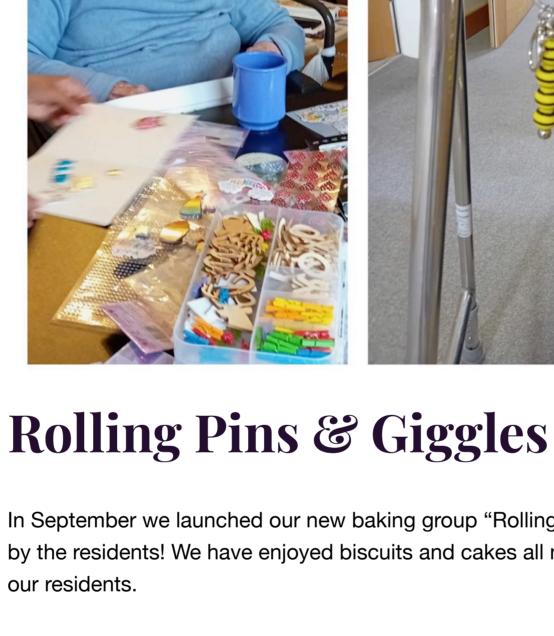
Moving into a care home doesn't mean saying goodbye to family meals and gatherings. We have so many spaces at The Porterbrook there is always somewhere

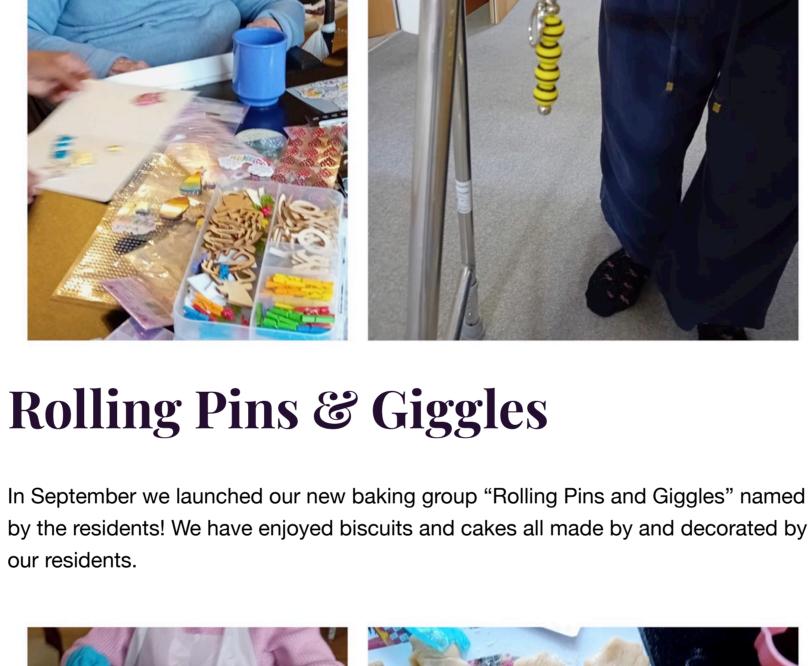
let us take care of the cooking! In August we welcomed a family to join us for a Thai meal cooked by the talented Oi followed by a family tradition of playing cards.

you can sit and spend time with loved ones. Why not join them for a family meal and



enjoyed making cards and picture frames and it was lovely to see the joy on faces when they presented them to their family to celebrate a birthday. They have also made keyrings to help them identify their walking frames as well as numerous other crafts such as jewellery making.









Archery

Our activity team, are always looking for new ideas and activities for our residents to try. We recently had a trial session of archery. This was a really enjoyable afternoon and residents and staff surprised themselves by not only hitting the target but some even hit the bullseye!



Pyjama Day As a company we are continuing our work with fundraising for Make-A-Wish. Earlier this month all staff turned up in their PJ's for Pyjama Day. There was a fabulous

cause. **EXTERNAL LINKS**

atmosphere in the home, lots of laughter while raising money for a very worthwhile

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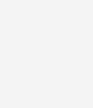
We would be very grateful if you could Make sure to check out **The Porterbrook Care Home Facebook** spare a few minutes to write a review <u>Page</u> for all our latest photos! for us:



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