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A WARM WELCOME TO OUR
SPRING 2024

Quarterly Newsletter

THE PORTERBROOK CARE HOME

Manager's Introduction

As we fully step into spring, we are loving the warmer weather and lighter evenings. We look forward to time spent outdoors, enjoying our garden and getting out and about in the community.

In this newsletter, we are pleased to share with you some of our recent activities and event highlights, so sit back, relax and enjoy.

Also, if you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

Newsletter Sign-Up

Best wishes,

Lynne Cannell
Home Manager

January Highlights

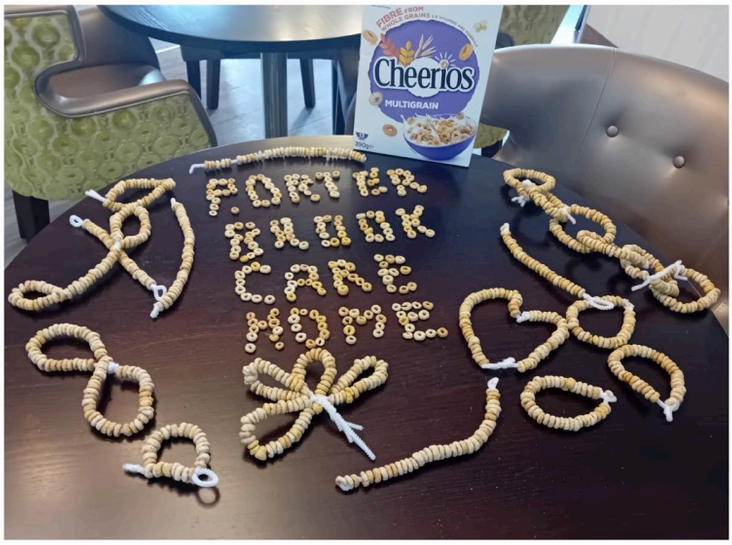
Armchair Travels

This year our trips around the world have continued. In January we visited Holland and in preparation we hand painted glass jars with beautiful flowers. On the day we had a Dutch themed menu and activities and virtually visited Holland using the giant iPad.

The day we visited Holland was also Burns Night and having a Scottish Deputy Manager, we had to acknowledge this! In between all things Dutch we had some Scottish dancing, a wee dram of whisky and haggis for tea.

Tasty Treats

Living in an area surrounded by trees and hedgerows is a delightful experience, as we get to witness the playful squirrels, which the residents take great pleasure in watching. We took the opportunity to celebrate National Squirrel Awareness Day and we wanted to make the occasion special for our furry friends. So, we prepared some special Cheerio treats for them, which they absolutely loved.



February Highlights

Year Of The Dragon

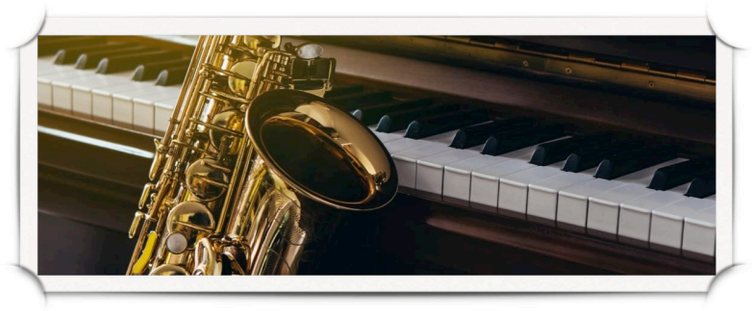
We joined in the festivities of Chinese New Year which brought a lot of laughter and joy to our gathering. We started off by reading Chinese horoscopes which gave us some insights into our future. The highlight of the celebration was the Chinese fortune cookies which never failed to bring a smile to everyone's face. As we enjoyed our Chinese meal, we raised a toast with our drink of choice.

Love Is In The Air

On Valentine's Day, we had an entertainer booked to provide live entertainment for us in the afternoon. To make the occasion even more special, all the ladies with a beautiful red rose and we had lots of singing and dancing. Love was well and truly in the air here at The Porterbrook!

Relax & Rejuvenate

We had a great week celebrating “Self Care Week”. We kept in touch with staff on maternity leave and spent time getting to know each other even better. Staff were treated to a massage in the salon to aid with better sleep. We all know that laughter is good for the soul so we booked a magician and laughed as we all attempted to spin plates. We got outside to have some fun with a leapfrog game and there were prizes to be won. The lovely Neve got the highest score and won an Amazon Voucher! We drank plenty of water to keep hydrated and made mocktails and fruit kebabs for staff and residents. It was a great week!



Singing & Dancing

In February, our armchair travels around the world took us to New York. We had a saxophonist in which everyone enjoyed and of course was accompanied with lots of dancing. We also enjoyed a typical New York meal.

March Highlights

Celebration Time

Easter is always a fun time at The Porterbrook and this year was no exception.

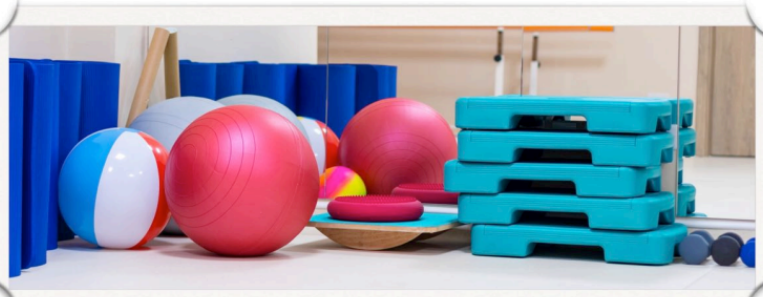
Our residents were thrilled when the Easter Bunny paid us a visit and gave out Easter eggs to everyone. We also had a talented local student come in to play the piano, which was a real treat. He did such a wonderful job and we are delighted that he is going to come back and play for us on a semi-regular basis.

Congratulations!

In March our company organised a regional awards event to recognise the great work of the staff in our homes. Our lovely Lara won the Outstanding Contribution award and it is very well deserved. We feel lucky to have Lara on our team.

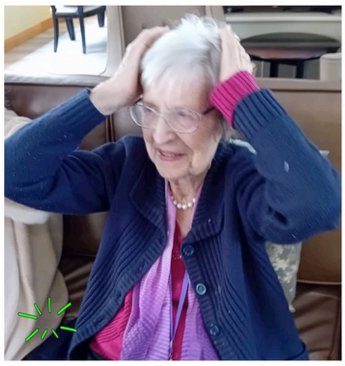
Intergenerational

For older people, intergenerational activities and the presence of younger people can have incredibly positive effects on both mental and physical health. It also has benefits on the development of younger people to spend time with residents. We have been working with a local school supporting them with placements for their Health and Social Care students. In return they invited us to the dress rehearsal of their school play; Shrek The Musical. It was a fabulous morning and a fantastic show. The residents and staff all really enjoyed it and we can't wait for the next one. Thank you to King Ecgberts School for inviting us.



Fun & Games

It's great to keep moving and keep those muscles working so what better way to support our residents than to organise group exercise sessions. We are working with Ben, who is also the physio for Sheffield Wednesday, as well as running our chair exercise sessions. These are really popular with the residents and guarantees an afternoon sleep after all the excitement and exercise.



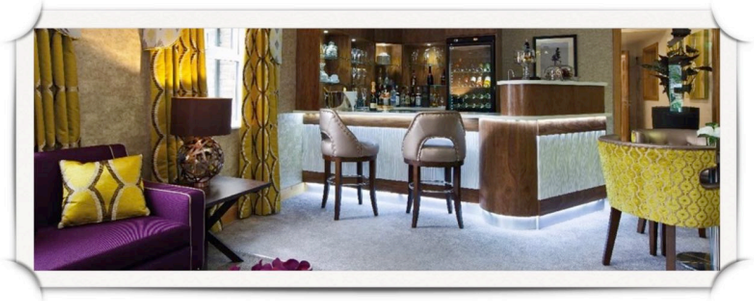
Keeping In Touch

Connect With Us

Make sure to check out The Porterbrook Care Home Facebook Page and give us a Like! We love to share photographs of what we have been up to recently on this platform.

Our Facebook Page

Leave A Review



Your Thoughts Matter

All feedback is very much appreciated and we would be very grateful if you could spare a few minutes to write a review for us:

Carehome.co.uk Review

Google My Business Review

EXCEPTIONAL CARE IN THE HEART OF SHEFFIELD

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