



## Welcome To Our Newsletter



Hello and welcome to our October 2023 newsletter!

It's that time of the year when the weather starts to become chilly and the nights get longer, but we have lots planned to keep everyone busy and active.

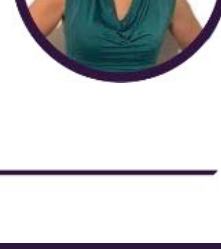
We're thrilled to share all the latest news and updates from our home with you.

Also, if you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

### Newsletter Sign-Up

Best wishes,

**Lynne Cannell**  
Home Manager



## Halloween Preparations



Halloween is just around the corner and we are eagerly preparing for it. We have been busy decorating our home with all sorts of themed displays and props to create the perfect Halloween atmosphere.



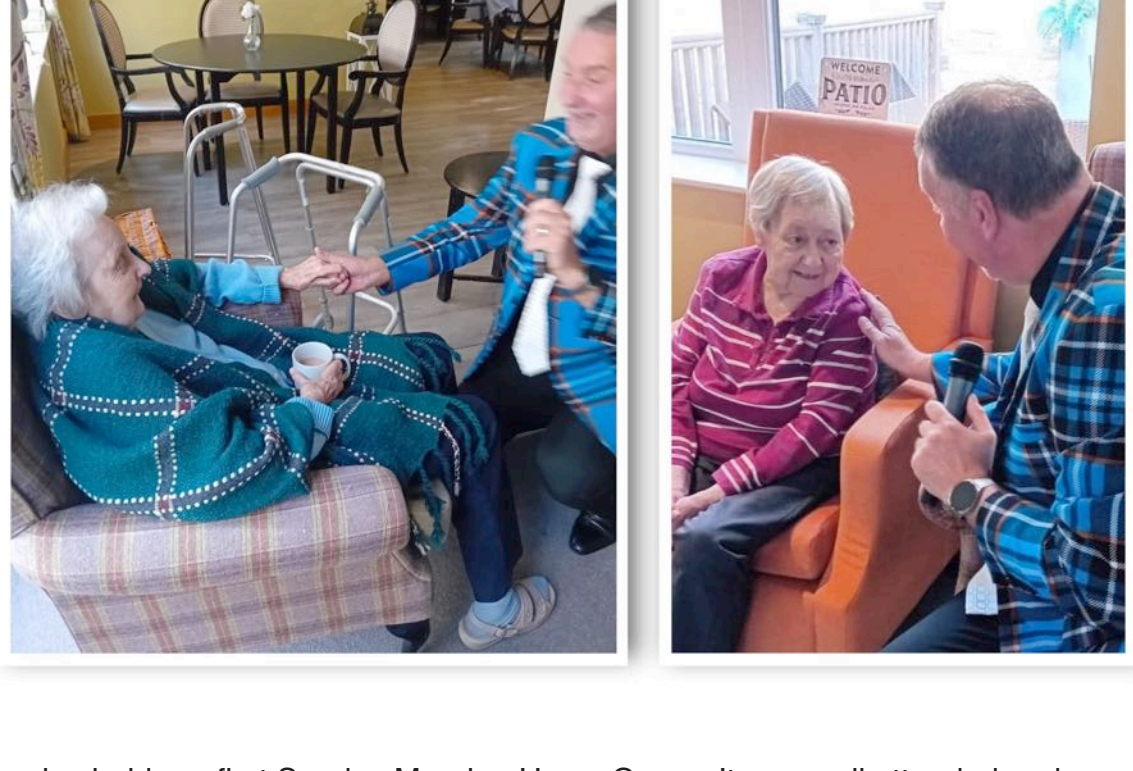
## Recent Activities



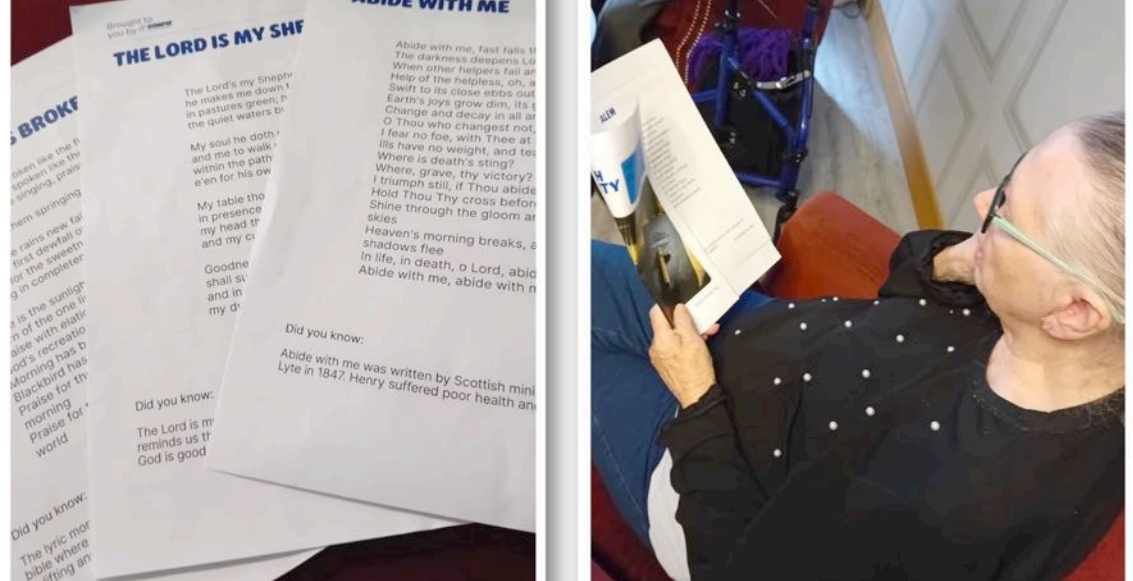
### Keeping Busy!

Those who choose to live in a care home are often surprised by how many opportunities to try new and exciting things there are. It's crucial to remember the importance of a varied activities programme in a care home.

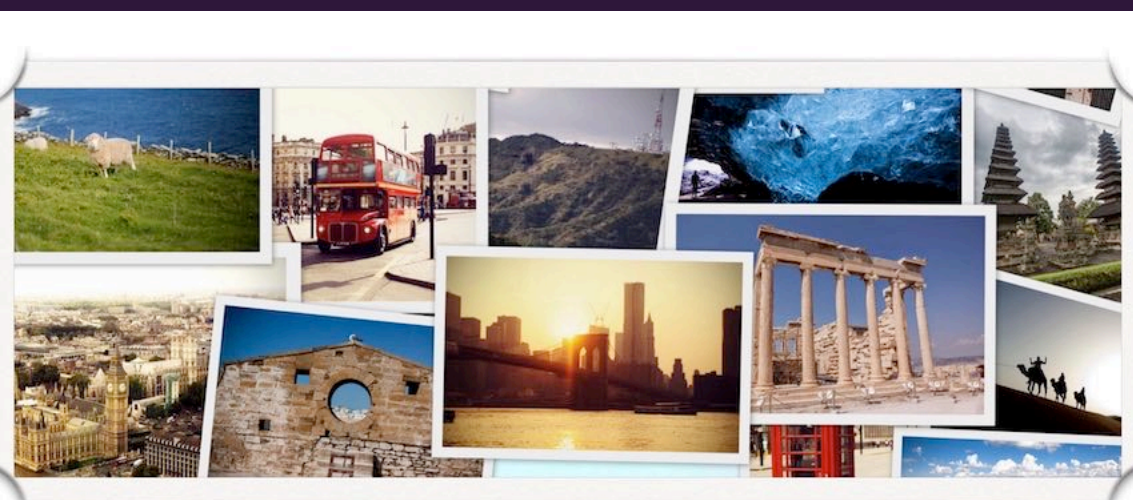
A regular highlight is when we welcome entertainers into our home. We are fortunate to have a number of talented guests visit us and get us up on our feet and singing along to our favourite tunes.



We also held our first Sunday Morning Hymn Group. It was well attended and enjoyed by many. We hope to make this a regular event.



## Armchair Travel



### New Experiences

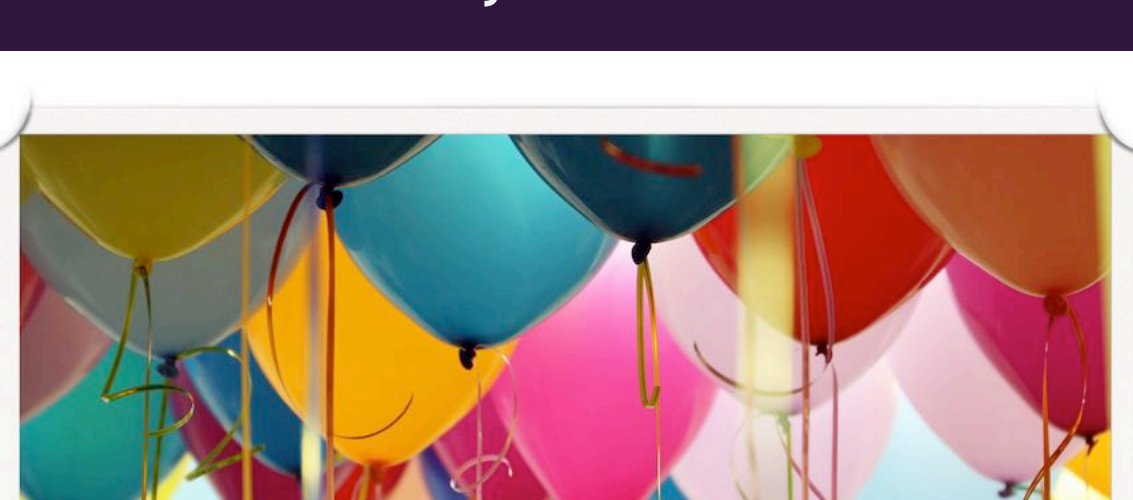
As part of our ongoing journey around the globe, we recently 'visited' the beautiful island of Cyprus. It was lovely to watch the residents working together in preparation and some new friendships were started. It was a great way to experience a new culture without leaving the comfort of our home.



To celebrate tourist week we held a movie matinee; Mr Beans Holiday! This was complete with popcorn and other yummy snacks...



## Birthday Celebrations

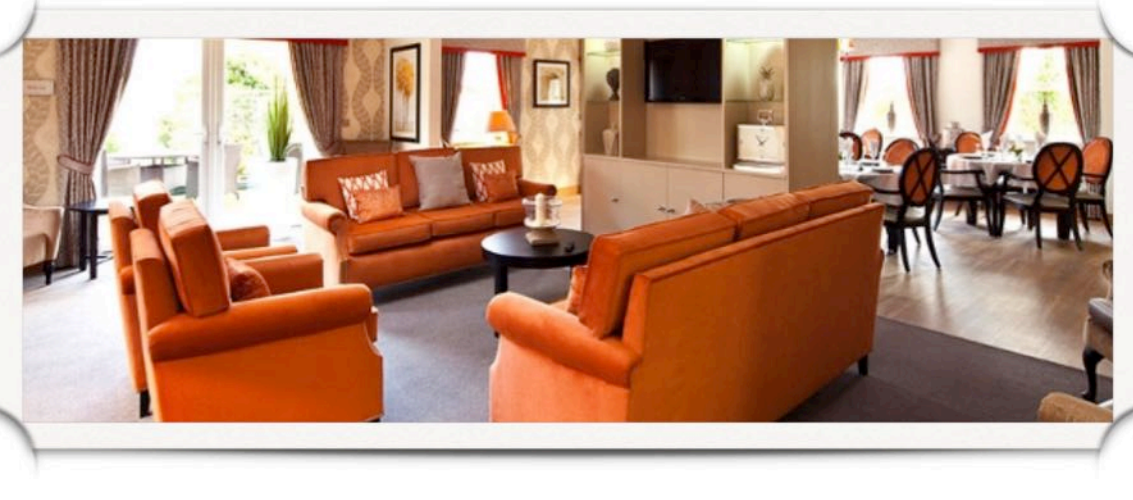


### Happy Birthday!

We would like to wish a very happy 95th birthday to one of our wonderful residents. After enjoying a meal out with her family, she had birthday cake at teatime. Once again, our talented Chef did us proud with a celebration pirata cake! We always try to make our residents' birthdays special and memorable.



## Keeping In Touch



Make sure to check out The Porterbrook Care Home Facebook Page and give us a Like! We love to share photographs of what we have been up to recently on this platform.

### Our Facebook Page

